

# Fayetteville State University

# Health and Physical Education (Non-Teaching Community Health Concentration), BS

## Four-Year Degree Plan

Catalog: 2018-2019

Type: Freshman

Last Update: 11/16/2018

This Plan illustrates how students can meet degree course requirements in four years. Some courses listed below may be taken in an alternate order. Consider prerequisites, prior credit, course availability, and student needs in developing the individual plan. Courses fulfilling requirements are listed on the reverse. For information about prerequisites and other program requirements, consult the appropriate Catalog Program of Study and an advisor. Note: NC community college transfers should consult one of the transfer plans.

Year/Term	Course/Requirement	Cr	Pre	Req	Note/Equivalent
<b>Year 1 Fall</b>		<b>15</b>			
	UNIV 101 - Freshman Seminar I	1	N	1.1	
	HEED 112 - Health and Wellness	2	N	1.2	
	ENGL 110 - English Composition I	3	N	2.1	
	PHIL 110 Or PHIL 220	3	N	3.1	
	Core Quantitative Reason	3	Y	3.2	
	Core Global Literacy	3	C	7	
<b>Year 2 Fall</b>		<b>14</b>			
	BIOL 150 And BIOL 150L	4	C	5.1	
	SOCI 210 - Principles of Sociology	3	N	5.2	
	COHE 200 - Introduction to Community Health	3	N	8	
	PEDU 100-level course	1	C	9.13	
	PEDU 204 - Meth & Mat in Ind & Dual Sport	3	N	9.13	
<b>Year 3 Fall</b>		<b>18</b>			
	COHE 370 - Consumer Health	3	Y	9.1	
	HEED 311 Or HEED 410 Or HEED 411	3	C	9.12	
	HEED 311 - Environmental Health	3	N	9.12	
	HEED 372 - First Aid and Safety Education	3	N	9.12	
	HEED 410 - Introduction to Epidemiology	3	N	9.12	
	HEED 411 - Public Health Problems	3	N	9.12	
<b>Year 4 Fall</b>		<b>15</b>			
	COHE 430 - Health Behavior and Counseling	3	Y	9.1	
	COHE 460 - Aging	3	Y	9.1	
	HEED 420 - Nutrition	3	N	9.12	
	PEDU 411 - Org & Adm of Hlth & PEDU	3	N	9.13	
	PEDU 431 - Adapted Physical Education	3	N	9.13	
<b>Degree Total:</b>		<b>122</b>			

Year/Term	Course/Requirement	Cr	Pre	Req	Note/Equivalent
<b>Year 1 Spring</b>		<b>15</b>			
	UNIV 102 - Freshman Seminar II	1	N	1.1	
	SPEE 200 - Introduction to Speech	3	Y	2.2	
	ENGL 120 - English Composition II	3	Y	4	
	NSCI 110 Or NSCI 111 And NSCI 111L	4	C	5.1	
	Core Humn Creative Arts	3	C	6	
	PEDU 100-level course	1	C	9.13	
<b>Year 2 Spring</b>		<b>16</b>			
	COHE 360 - Communication in Health	3	Y	9.12	
	HEED 300 - Human Sexuality	3	N	9.12	
	HEED 301 - Drug Education	3	N	9.12	
	PEDU 201 - Swimming II	1	N	9.13	
	PEDU 214 - Methods and Materials in Team	3	N	9.13	
	PEDU 311 - History and Principles	3	N	9.13	
<b>Year 3 Spring</b>		<b>17</b>			
	COHE 425 - Organization in Community Health	3	Y	9.1	
	COHE 426 - Program Planning and Evaluation in Health	3	Y	9.1	
	HEED 310 - Mental and Emotional Health	3	N	9.12	
	HEED 441 - Measurement and Evaluation in Health Education	3	N	9.12	
	SOCI 440 - Sociology of Health	3	Y	9.12	
	PEDU 310 - Rhythms and Movement Concepts	2	N	9.13	
<b>Year 4 Spring</b>		<b>12</b>			
	COHE 470 - Seminar in Community Health	2	Y	9.1	
	COHE 480 - Field Work in Community Health Education	10	Y	9.1	

**Requirements/Notes**

**Pre.** Prerequisite: Y (Yes) - Course/Requirement has prerequisite(s). N (No) - Course/Requirement has no prerequisite. C (Check) - Some courses satisfying requirement have prerequisites and/or courses have non-prerequisite restrictions. Check Catalog for details.

\* Recommended. For transfer courses, following recommendations will reduce or eliminate the need to take additional courses at FSU. For FSU courses, following recommendations will optimize the student's educational experience. If in doubt, consult an advisor.

- 1.1. Core Transitional UNIV.** (UNIV 101 And UNIV 102) Or UNIV 110 Or UNIV 111 . UNIV 101-UNIV 102 required for all first time students; UNIV 110 required for transfer students with fewer than 30 transfer credits. Students do not earn credit if requirement is waived. UNIV 111 may be required based on academic performance.
- 1.2. Core Transitional Life.** HEED 112 .
- 2.1. Core Written Comm.** ENGL 110 .
- 2.2. Core Oral Comm.** SPEE 200 .
- 3.1. Core Critical Thinking.** PHIL 110 Or PHIL 220 . Not required for students with 60+ transfer credits. Students do not earn credit if requirement is waived.
- 3.2. Core Quantitative Reason.** MATH 123 Or MATH 126 Or MATH 129 Or MATH 130 Or MATH 131 . MATH 121 may be required based on profile scores. Some core courses require a one-hour lab.
- 4. Core Info Literacy.** ENGL 120 .
- 5.1. Core Natural Sci.** BIOL 150 And BIOL 150L And NSCI 110 Or NSCI 111 And NSCI 111L .
- 5.2. Core Social Sci.** SOCI 210 .
- 6. Core Humn Creative Arts.** ART 210 Or COMM 220 Or ENGL 220 Or ENGL 223 Or ENGL 240 Or ENGL 250 Or ENGL 253 Or HIST 210 Or HUMN 211 Or HUMN 212 Or MUSI 210 Or MUSI 225 Or MUSI 260 Or PHIL 210 Or RELI 215 Or THEA 203 .
- 7. Core Global Literacy.** ANTH 210 Or ART 150 Or ART 215 Or BADM 210 Or CHIN 110 Or CHIN 120 Or ENGL 211 Or ENGL 212 Or FREN 110 Or FREN 120 Or GEOG 220 Or GLOBL 200 Or HIST 110 Or HIST 120 Or HIST 270 Or PHIL 211 Or POLI 230 Or SOCI 150 Or SPAN 110 Or SPAN 112 Or SPAN 120 Or SPAN 122 Or THEA 242 Or YORU 110 Or YORU 120. Not required for students with 30+ transfer credits from a foreign institution. Students do not earn credit if requirement is waived.
- 8. Core Ethics Civic Engage.** COHE 200 .
- 9.1. Community Health.** COHE 270 And COHE 425 And COHE 426 And COHE 330 And COHE 460 And COHE 470 And COHE 480 .
- 9.12. Health Core.** COHE 360 And HEED 300 And HEED 301 And HEED 310 And HEED 311 And HEED 372 And HEED 410 And HEED 411 And HEED 420 And HEED 441 And SOCI 440 And a free elective (3 credit hours) chosen in consultation with your advisor. .
- 9.13. Physical Education Core.** Select two PEDU 100-level courses And PEDU 201 And PEDU 204 And PEDU 214 And PEDU 310 And PEDU 311 And PEDU 411 And PEDU 431 .